

# **CVR Meeting Notes**

**March 2, 2009**

**NEXT MEETING: Tuesday April 7, 2009, 7PM at STUFFY's**

**\*\*Great Turn Out for the Meeting we had 20 people at the Meeting!\*\***

## **Officer Elections:**

Annual officer elections were held at the meeting. The proposal was made to keep the same officers as last year. The motion was seconded and approved by verbal vote.

President – Dale Wernicke

Vice President – Mike Claxton

Treasure – Dave Hunter

Web Site – Keli Davenport

## **Financial: - Dave Hunter**

- Total CVR Account \$4276.42
- All but approximately \$2,700 is reserved for race start ups.

## **Legal: - Mike Claxton**

- No new issues

## **Web Site: Keli Davenport**

- Need details on the Mt. Mania run to add to the web site. Dave Vorse will forward information to Keli.

## **Runs:**

### **Heart & Sole - Saturday February 28<sup>th</sup>**

Race recap – 82 entrants, great weather

Different starting lines due to reconstruction of north end of the lake this past year.

Race bib numbers although water proof, the tags did not tear off very well?

Number next year will be coordinated so that race timers can tell the difference at the finish line.

Next year's race director will be Dr. Darrin Zook

### **Fool's Run – March 28<sup>th</sup>**

- Run starts at 8:30am (7:45am for walkers) at Willow Grove Park
- 40 registrants so far (ahead of last year)
- Keli had a sample of the Fool's run technical shirt.
- Will be renting or borrowing heaters and tarps this year for the shelter area.

### **Pioneer Lions – April 19<sup>th</sup>**

- New flyers are out and at the various gyms
- Laura will send a request to ORRC to post the race on their web site.
- ½ marathon and 10K race courses are set. They will be challenging (rolling hills), but a lot of fun.
- Laura may need volunteers, will let us know as time draws near
- Laura will need to borrow the timer for the event.
- Lions are hosting a spaghetti feed March 7<sup>th</sup> for those interested.

### **Mountain Mania – July 25<sup>th</sup>**

- Race start time will be 8:30am. May stagger the starts of the 5k and 10K so will need dual timing devices.
- Race will be posted on Active.com and we will get into several calendars.
- Dave Vorse will work with Keli to get a web page set up on the CVR site.

### **Kalama River Run – July 25<sup>th</sup>**

- The run route will be changed this year. Starts at freeway overpass. Starts at 11:30am.
- Run is on the same day as Mt. Mania. This is a conflict and CVR responsibility will be to the Mt. Mania run since it is club sponsored event. However, we would still encourage people to “take the challenge” and run both races. Those who run the race will receive free entry into the fair.

### **Pacific Rim Run – March 21<sup>st</sup>/22<sup>nd</sup>**

- The race will be held at the lake. This is a 24 hour endurance run.
- Fred Willet is the race director and is asking for any help he can get early on Saturday morning to help count laps of runners. Please come out and help support this event.
- The Daily News community board has phone numbers to call with question about the event.

### **New Business**

#### **Earth Day April 18<sup>th</sup>**

It was suggested that we partner with Cowlitz on the Move. Dave Vorse will contact Cowlitz on the Move and get information on what “partnering” would entail for CVR. – Dave Vorse

#### **Hike to the Rim of Mt St Helens**

- Dave Vorse reserved 12 passes. There are still 4 passes available, cost is \$22 apiece. If you have never hiked to the rim of Mt. St. Helens, this is an opportunity to do it with some of the CVR folks. The top has incredible views of the volcano and surrounding area.

- Duane Higby will bring a write up on the “10 essentials” for hike the rim. This includes supplies and safety equipment.
- The hike is 9.8 miles round trip and has a vertical elevation gain of 4500ft.
- We will discuss car pooling, timing and supplies at the April 7<sup>th</sup> CVR meeting.

### **Club Equipment**

Looked into the following equipment:

- Seiko stopwatch timer (like the one we have). The unit is \$375 retail and would help us with dual events where races start at different times. Dale will continue to research this to find a better price.
- Laptop timer – David Chilson researched this item. It looks like a very professional way to quickly organize and post race times and results. We will try to set up a group demonstration at the next meeting.
- Race Clock – We would like to save up for this piece of equipment. Cost start at \$1800 and go up. These are the race clocks that you see at the bigger events and are very professional. They could likely be set up with the laptop timer software mentioned above to give the club a top rate timing system. David Chilson and Dale will continue researching this.

### **Old Business**

- Look into buying a folding table. Keli will pick up a polycarbonate top table at Home Depot as soon as she has a chance. Will have available for the Fool's run at the end of March.
- CVR display board – Mike reported the printer has the board and is working on it. Mike will report the progress at the next meeting.

### **Roster**

Dale Wernicke	Susan Wernicke	Brett Wernicke
Charise Wernicke	Mike Claxton	Keli Davenport
Bill Davenport	Janice Higby	Duane Higby
Dave Hunter	Beckie Hunter	Tom Rozwod
Mike Vorse	Dave Vorse	Sara Pius
Leila Summers	Dan Bowman	David Chilson
Laura Moore	Neal Potter	